

WHAT YOU SHOULD KNOW ABOUT ELECTROMAGNETIC SENSITIVITY (EMS)

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Founder/President

International MCS/EMS Awareness

MCS Homepage

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Electromagnetic Sensitivity (EMS) also known as Electromagnetic Hypersensitivity (EMH), Electrical Sensitivity (ES) and Syndrome of Intolerance to Electromagnetic Fields, (SIEMF) is a painful and devastating illness, a worldwide epidemic, the direct result of global electromagnetic pollution. Over hundred thirty millions (130.000.000) people in the entire world have developed EMS after being exposed to the electromagnetic radiations from Cell Phone Towers, cell phones, portable phones, computers screen, Wifi, and many more wireless technologies. The disease has spread to US, Canada, France, Germany, United Kingdom, Italy, Spain, Australia, Sweden, Switzerland, Finland, Norway, Brazil, Portugal, Ireland, Greece, Czech Republic, India, Pakistan, and numerous other countries .The symptoms of electromagnetic sensitivity (EMS) are painful and numerous. The symptoms most widely reported worldwide upon exposure to electromagnetic fields are, dermal changes/dermatitis characterized by severe tingling, burning pin and needles sensations all over the body, a very unpleasant feeling of warmth/burning sensation to the head similar to a severe sunburn, pressure/heaviness in the head, heart rate changes, such as tachycardia, arrhythmia, high blood pressure, headaches , profound malaise, visual changes, blurred vision, nausea, tinnitus, tiredness, exhaustion, loss of concentration, neurological, respiratory, gastric problems, alteration of sleep pattern and appetite, moods swings, tearfulness of eyes and pain. Other clinically observed symptoms are pupil dilation, perspiration, changes in respiration and heart rate, muscular weakness, speech difficulty, convulsions, unconsciousness.

The majority of doctors have no accurate knowledge of this illness, and the powerful lobbying of industries , have prevented for years, via misinformation campaigns, the medical recognition , worldwide of this terrible illness, in order to escape liabilities and loss of profit. Their products are far from being harmless as they have led the general public to believe, and are the cause of alarming increase in brain and salivary gland cancers ,childhood leukemia, electromagnetic sensitivity (EMS) and other diseases. The Chamber of Doctors in Vienna, Austria , the Physicians Association for Life, has decided to inform the public about potential risks of Cell phones.

10 HEALTH RULES CONCERNING MOBILE PHONE USE:

- 1- As a rule, use your cell phone as little and as briefly as possible. Children and teenagers under 18 should never use one!
- 2- Never hold your handset near your head when calling !
- 3- Never use in vehicles (car, bus, train.....radiation is higher) !
- 4- -Hold your cell phone as far as possible from your body while sending a SMS!
- 5- Always keep several meters distant from other people when calling, in order not to irradiate them!
- 6- Never keep your cell phone in your pocket , radiations may affect male fertility!
- 7- Always switch your cell phone at night and never keep it near your head!
- 8- Never us a cell phone to play games!
- 9- Headsets may also be unsafe; cables may conduct radiation!
- 10- All wireless networks, local networks, WiFi and /or UMTS produce high level radiation!

The public is shaken worldwide upon knowing through the BioInitiative report (available on MCS Homepage) of the terrible health hazards of electromagnetic radiations they are exposed to in their daily lives .Associate Professor Olle Johansson at the Experimental Dermatology Unit, Department of Neuroscience, Karolinska Institute, Stockholm, concluded his scientific research on EMS by stating “It is evident that from our preliminary data various alterations are present in the electro-hypersensitive person’s skin”. The studies of Eltiti et al, 2007, concluded that the skin of people with electro sensitivity conducts

electricity at a higher rate than those not affected, and that the skin also, is frequently permeable, which may account for the high incidence of allergies and of Multiple Chemical Sensitivities, commonly found in this group, and that altered central nervous system function may very well account for the manifestations of symptoms, when exposed to electromagnetic fields, and/or chemical exposures. The symptoms of EMS usually occur within seconds of exposure to a given frequency, and frequencies from Hertz to GigaHertz, do cause reactions in sensitive people.

Trials have also shown that while a person is reacting severely to another hypersensitivity/allergic trigger in the environment, repeated exposures to a given frequency, can sensitize people in a way that their specific sensitivity pattern of response can be triggered on encountering that same frequency later. Usually the pattern response is the same, whether the trigger is chemical, biological, nutritional, electrical, electromagnetic. Pesticides, insecticides, appear to enhance electromagnetic sensitivity, and ionizing radiations also seem to have an additional effect. It has been found that when the toxic load in the body of persons with multiple Chemical Sensitivities (MCS) is lowered, the symptoms of EMS decrease in direct proportion to the lowering of toxic load in their body.

Also the International Commission for Electromagnetic Safety (ICEMS) in its Benevento Resolution, signed by numerous doctors and scientists, stated: "Laboratory studies on cancer and other diseases have reported that hypersensitivity to EMF (Electromagnetic fields) may be due in part to a genetic predisposition. The majority of doctors due to the powerful lobbying and anti-EMS campaigns of misinformation by the industries worldwide, are very resistant to officially recognize Electromagnetic Sensitivity (EMS) as an illness induced by electromagnetic radiations from wireless and other modern technology.

Dr. Thomas Rau, Medical Director of the world renowned Paracelsus Clinic in Lustmuhle, Switzerland, says he is convinced "electromagnetic loads" lead to cancer, concentration problems, ADD, tinnitus, migraines, insomnia, arrhythmia, Parkinson's and even back pain. "Linked to many acute and chronic illness conditions, electrical sensitivity is a serious emergency public health issue globally and a subject in which most doctors have no training".

In the US, Electromagnetic Sensitivity (EMS) is recognized as a disability under the Americans with Disabilities Act (ADA) and by the US Access-Board (a US Federal Agency dedicated to the access of persons with disabilities). The US Access-Board has put on-line an extensive guideline of accommodations for persons disabled by Multiple Chemical Sensitivity (MCS) and Electromagnetic Sensitivity (EMS) which can be found on the site MCS Homepage, International MCS/EMS Awareness. The Government of Sweden has officially recognized EMS as a disability. The Canadian Government, The Canadian Human Rights Commission, (CHRC) has also recognized EMS as a disability, under "Environmental Sensitivities (ES)". The CHRC describes environmental sensitivities as follows: "The term "environmental sensitivities" describes a variety of reactions to chemicals, electromagnetic radiation, and other environmental factors at exposure level commonly tolerated by many people".

In the mean time, while the powerful lobbying of industries is preventing the medical recognition of this devastating illness, so they will not have to face liabilities and loss of profit, millions of people suffer terribly, have lost their health, jobs, homes, families and friends, have nowhere to turn to, in order to escape the massive global electromagnetic pollution everywhere, and millions more will be affected, until Governments take the drastic steps of recognizing this illness, and inform the public, doctors, hospitals, clinics, about EMS and reduce urgently the levels of electromagnetic radiations worldwide.

For more information on EMS and the terrible dangers of electromagnetic radiation, please visit:

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